



*Diseases & Surgery of the
Retina and Vitreous*

Jeffrey D. Zheutlin, M.D.
Frank W. Garber, M.D.
Louis C. Glazer, M.D.
Renee L. Williams, O.D.

VRA Grand Rapids
2505 East Paris Ave.
Suite 100
Grand Rapids, MI 49546
Phone (616) 285-1200
Fax (616) 940-0864

VRA Kalamazoo
1080 North 10th Street
Suite 100
Kalamazoo, MI 49009
Phone (269) 353-9700
Fax (269) 353-8534

VRA Muskegon
3102 Glade Street
Muskegon, MI 49444
Phone (231) 830-1200
Fax (231) 737-9008

Clinical Trials

Allergan Posurdex Implant for DME
Alimera Iluvien Implant for DME
ThromboGenics Microplasmin
for Vitreo-Macular Traction
Lpath-iSONEP for ARMD
Regeneron VEGF-Trap for ARMD
Genentech Lucentis for CRVO
Genentech Lucentis for CRVO Ext.
Regeneron VEGF-Trap for CRVO
Novartis Aliskiren for DME
DRCR Lucentis for Diabetic VH
Regeneron VEGF-Trap for ARMD Ext.
Alimera Iluvien Implant for DME Ext.
GSK Oral Pazopanib for ARMD
GSK Topical Pazopanib for ARMD
Alcon ESBA 1008 for ARMD
Santen DE-109 for Posterior Uveitis
Allergan Ozurdex vs. Lucentis for DME
Regeneron VEGF-Trap for BRVO
Novartis LFG316 for Dry AMD
Van Andel Institute Vitreous Sample
DRCR Topical NSAID for DME
Wilmer iDEAL for DME
Saint Mary's Vitreous Sample

Vitreo-Retinal Associates, P.C.

Post-Operative Instructions Pneumatic Retinopexy

The First 2 to 3 Days Following Pneumatic Retinopexy:

The doctor will discuss specific head positioning after your surgery. It is very important that you maintain the position he has recommended.

You May:

Watch TV
Walk
Lift up to 15 lbs.
Ride in a car
Wash clothes and do dishes

Do Not:

Read unless necessary
Lift more than 15 lbs.
Stoop or strain
No heavy housecleaning
No bending below the waist

During the first 24 to 48 hours following surgery it is important to rest your eyes to promote healing. Reading causes eye movement, so unnecessary reading should be avoided.

Side Effects:

You need to leave the patch on for approximately six hours after your procedure.

After pneumatic retinopexy surgery you may have a headache and eye discomfort. These problems can be relieved by taking Tylenol (1 or 2 tablets every 4 hours) and applying a warm (not hot) washcloth over your eye for 3-5 minutes each hour until your eye is comfortable. You may notice lid swelling from face down positioning and cool compresses are recommended for this and may be used throughout the day.

A dilated pupil and inability to focus may last for approximately 3 days due to the type of eye drops used.

Call the office if you have any questions or if symptoms of curtains, veils, shadows, light flashes, or floaters (cobwebs, showers) occur.