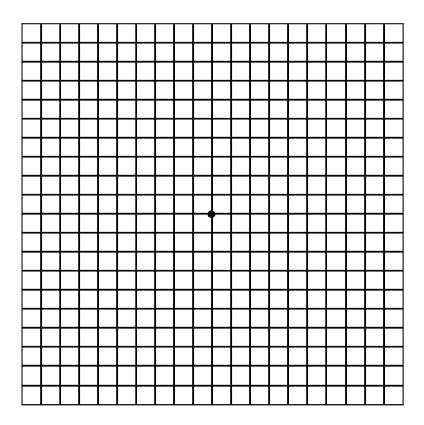


Amsler Grid



Testing Instructions

- 1. Test one eye at a time, cover the other eye.
- 2. Perform the test in a well-lit area.
- 3. If you wear glasses for reading, wear them for the test.
- 4. Holding this sheet approximately 14 inches away, look directly at the center point on the grid.
- 5. Note any abnormalities or alterations that you notice in the grid, remembering to keep your focus only on the center point of the grid.
- 6. If you notice any of the following changes, call our office as soon as possible.
 - > holes or blank spots
 - > blurred spots or distortions
 - > curved or pinched lines

Grand Rapids: 616-285-1200 Kalamazoo: 269-353-9700 Muskegon: 231-830-1200